

CHAMOMILE February 2015

Notice Board

Subscription Renewals

These are now due. A form for completion is attached to this newsletter.

Meetings

March

Tuesday 17th 1.30 p.m. Senior Citizens Hall, Carterton. Meeting chairman - Agnes Jones.

Saturday 28th 1.30 p.m. Annual General Meeting. At home of Di Grant, Ranginui, Chamberlain Road, RD8, Masterton. Bring plate for afternoon tea.

April

Saturday 11th Visit Millennium Gardens 1.30 p.m. Entrance - Hillcrest St., Masterton. George Bain will walk with us describing garden. After walk perhaps go to cafe for afternoon tea. George 021-217-6666.

Tuesday 21st 1.30 p.m. Senior Citizens Hall, Carterton. Meeting chairman - May Brown.



Wairarapa Herb Society Programme for 2015

The programme for the Society's Tuesday and Saturday meetings is being emailed separately to Wairarapa Herb Society members.



Herb Federation Biennial Conference

The Wairarapa Herb Society is hosting the Herb Federation's 15th Biennial Conference later this year. An update on the programme for the Conference is being emailed to Wairarapa Herb Society members. The update also appears in the Summer 2014/2015 issue of herbnews.



Herb Salt and Herb vinegar

At our Tuesday meeting in February, Diana Hiron demonstrated the preparation of herb salt and herb vinegar. For the herb salt, Diana combined the leaves of a number of different herbs with salt in a food processor. She advised the use of a pot with a plastic lid for storage. For the vinegar, Diana placed several herbs in a bottle and added cider vinegar. She provided a recipe for the vinegar, as below and also gave members present a packet of herb salt to take home.



Herb Vinegar Recipe

Cider vinegar
Juice 2 oranges
Peel 1/2 orange
1 teaspoon Whole Black Peppers
1 sliced small Red Pepper (if you want)
1 Large clove Garlic sliced
1 sprigs Rosemary, thyme
3 Bay Leaves



Dittany

2 sprigs Tarragon or Marjoram Seal & leave for 2 weeks

Dittany was a journal first published in 1970, for the Herb Federation of NZ and edited by Gillian painter of the Auckland Herb Society. Herb Society members from throughout the country sent in articles, hints, jokes etc. and it was published yearly. Each year different Herb Societies agreed to edit the book. Each issue contains loads of interesting information and they make a great read

Dittany was last produced in 2009. It was agreed that the quarterly publication called "herbnews" produced by the Federation should take its place.

Copies of the journal are in a box in our library and I recommend to members that they take a booklet home for a most enjoyable read. There are 30 journals in total so there are plenty to choose from.

When I broke my wrist I found most books were too heavy and cumbersome to hold and this Dittany was easy and light to hold, and I leant a lot.

May Brown.

The Wairarapa Herb Society (Estab. September 1982 and registered under the Charities Act No. C.C. 29074). P O Box 42 Masterton.

Objective: To promote and share knowledge of herbs, their cultivation and use.

The Society can accept no liability for any ill-effects resulting from information presented in this newsletter.

Meetings held on the third Tuesday of the month at the Senior Citizens Hall, High Street North, Carterton (opposite Wild Oats Café). As far as possible, Saturday meetings are held on the 1st Saturday of each month.

Annual Sub:

Individual: \$20*; Families: \$30*

*\$5 reduction on subscription if paid up member of Herb Federation.

Quarterly Newsletter

Executive Committee: Lyn Tomlinson, May Brown, Agnes Jones, Gail Edwards, Val Richardson,

Andra Bramwell, Christine Paul, Debbie Dittmer, Bill Edginton.

Officers: Chairperson: Lyn Tomlinson; Secretary: Agnes Jones; Treasurer: Val Richardson; Publicity: Andra Bramwell; News/Library: Bill Edginton.

WAIRARAPA HERB SOCIETY MEMBERSHIP FORM 2015-2016
Name
Address
Postcode Telephone number
E-mail (please print clearly)
Are you an individual member of the Herb Federation? Yes/No*
Delete as appropriate:
I do/do not wish my details to be published on the Membership List.
I do/do not wish to receive the newsletter by e-mail.

(To help keep costs down we shall send the newsletter by e-mail unless you let us know. A copy in the mail will be sent out to those who prefer to receive by post or do not have a computer).

*If you are an individual member of the Herb Federation of NZ you are entitled to a \$5.00 subsidy on your fees. Please indicate on this form if you are a member.

Please pay your subscription online into the Wairarapa Herb Society's bank account (Westpac Masterton Account No. 03 0687 0361573 00). Include your name with your payment, so that Val can identify it. It would also be helpful if members sent Val an email to tell her that they had paid online (mo217@vodafone.co.nz). Alternatively attach your cheque for \$20.00 individual or \$30.00 family and hand to Val at the 17 March meeting or forward to: The Treasurer, Wairarapa Herb Society, PO Box 42, Masterton.